

## Wellbeing Requirements for Training Workshops.

As part of our Health and Safety measures, we would like to bring to your attention our wellbeing requirements in preparation for training workshops at our premises, 56 Waimea Road, Nelson.

## Please note our wellbeing requirements detailed below.

Follow standard hygiene precautions:

- Hand sanitiser is available for use
- If you prefer Instead of shaking hands, an elbow bump or greeting is welcome
- If you prefer Wearing a mask, please bring a mask and feel comfortable to do so
- We will open windows and doors, if the weather is suitable, for ventilation. If we need to rely on our air conditioner, please be advised that the filter is cleaned regularly

Our bathroom is thoroughly cleaned in between group use.

Our tables are wiped down with disinfectant.

## What we require from you

Prior to you attending the training, please let us know if you and anyone attending with you:

- have any cold or flu like symptoms,
- are awaiting the results of a COVID 19 test or
- have recently been in contact with a confirmed or suspected case of COVID 19 or
- are currently classified as a household contact or close contact of a confirmed case of COVID
  19

We look forward to seeing you at our training.